

Summer 2015



The Promise works to improve the lives of disabled children in Russia. We do this by promoting a system of support (Portage) for disabled children in partnership with families and carers and by encouraging a more positive attitude to disability. The charity was founded in 2003 in memory of Ellie Settelen. **For further details of the work, please visit our website: www.thepromise.org.uk**

Programme update from Russia



In May I was delighted to spend a few days with the team from Obeshenye (our Russian partner organisation) who were running a Basic Portage Workshop in Moscow for new organisations hoping to set up Portage Services. **45 participants** attended the three day course held at the Yasenevo Centre in Moscow. Four intrepid women, who were keen to learn about Portage, travelled from a children's centre in Vladivostok (a mere 9,000 km). The workshop was very well

received and included lots of opportunity for participants to practise what they have learnt through role plays and small group work.



Mollie also ran a session on setting up a new Portage service and as a result Obeshenye has received two formal requests to support **new services** in Vladivostok and Nalchik. It was heartening to see the enthusiasm for Portage and with **your** support, we hope to be able to nurture a number of new Portage services throughout Russia.

Wendy Tabuteau, Director

Boat Party

Friday 2nd October 2015

7:45 - 11.30pm (Departs 8:00pm sharp)

Join us for an evening **disco cruise** taking in views of Hampton Court Palace, Teddington Lock and the riversides of Kingston & Richmond. You'll be welcomed with a **glass of bubbly** before boarding and later enjoy a traditional **Fish & Chip supper** delivered fresh to the boat! A cash bar and plenty of chances to win **great prizes** with a raffle and fun games will get you in the mood for a boogie on the dance floor to the **80's disco** tunes.

To get your tickets or to donate a raffle prize please email jo.pritchard@thepromise.org.uk



Great River Race

Saturday 12th September

We are extremely excited that for the 2nd year running Deborah Carre and her team of intrepid paddlers will be taking to the Thames in aid of ThePromise. The **22mile race** from Millwall to Richmond is no mean feat and we wish them the best of luck.

Please support them by visiting www.justgiving.com/GRR15 and donating whatever you can to help them down the river.



WRF Charity Event

Wednesday 16th September

The Westminster Russia Forum support organisations working between the UK and Russia, holding regular networking and fundraising events. We are proud to say we have been invited to take part in their next Charity event at the **Rossotrudnichestvo Centre** in High Street Kensington. It would be lovely if you could join us for this fun and informative evening. Please contact **Jo** if you would like further information or if you are able to donate a **raffle prize**.



Brandenburg Concert - A Choral Celebration

Saturday 14th November 7:30pm St Giles-in-the-fields

Please put the date in your diary and join us for this unique experience. Two choirs come together from opposite coasts to perform a choral treat. Including Ava Maria, folk, blues and more. Adults £18 Children £5. Ticket sales and donations on the night will benefit

ThePromise so please contact jo.pritchard@thepromise.org.uk to get your tickets now.

Giving Tuesday - 1st December

Instead of our usual BigGive Christmas Appeal ThePromise will be joining many other charities in taking part in **#GivingTuesday** this year. More details to follow but please put the **date in your diary** and help us raise lots of money for the children and families we work with in Russia at Christmas time.

easyfundraising
.org.uk

Don't forget to **log-in** every time you are shopping online.

ThePromise has already received over **£435**—Thank you!

Please use your **envelope** to recycle print cartridges to raise money for ThePromise. If you would like some more just drop us an email.



Your support is greatly appreciated and we would like to contact you from time to time with news of what's happening at ThePromise. If you would prefer us **not to contact you**, then please **write to us or email** jo.pritchard@thepromise.org.uk and you will be removed from our mailing list.

Please be assured that we do not pass on any of our supporters details to third parties.